

THE EFFECTS OF
ATHEISM ON THE
NERVOUS SYSTEM

'The Effects of Atheism
on the Nervous System'

CATEGORY??

QUOTE

Quote from my own:

Perhaps the most chronic atheists are meditation enthusiasts, who by preparing themselves constantly for an altered state, more or less ecstatic, like this to be in some way getting in touch with the infinite ~ God.

But only a concept, however ecstatic, can be reached by the thinking mind, and in western meditation the mind is ~~usually~~ ^{frequently} active, especially when it believes itself to be dormant. Meditation in this case increases the "I rule myself" maxim, that is cortical dominance, often with harmful effects on the poor, over-rigid body. So the organism depletes more and more from its autonomic guide, and the immune system is proportionately depleted. This distresses so many people in the west, ~~has been felt~~ ~~that~~ ~~that~~ intense meditational practices have ~~not~~ been chronicled. These are often called 'kundalini' problems — again nervous sensitivity, sexual aberration,

nightmares, unaccountable outbursts of rage, an
almost psychotic loss of self sense & reality,
we know the symptoms. And the antidote
nearly always advised by the ~~wholes~~ —
'just go on meditating, meditating, meditating,' —
will usually exacerbate the difficulty, for
the simple reason that the physiological basis
for meditation is lacking, and further meditation
won't supply it. ~~As a result~~ ~~of~~ a
false 'libertine' permissiveness, based on a strict
daily schedule of practices, is ~~the~~ erected
to accommodate ~~the~~ and hide the terrible state
of inner conflict.

Long inner guidance is being tipped, and
autonomic guidance established in the nervous system,
does the breath ever get into a rhythm as
detached, as oftenly natural and imposing as the sound
of the ocean tide. No cannot be simulated.
The profoundest meditation cannot induce it, since it
comes, not from any conscious 'deep' breathing or
the self-deceptive 'non-breathing' that some people

QUOTE

2

21
illude themselves into believing possible a necessary in
an aware state, but for a decision in the region
the is taken in ~~the~~ ~~an~~ unconscious, with
consulting the highly cerebral cortex — the analysis
the claim not of to analyze but, of all conditions,
to apply the material is analyzed, ~~the interests~~
~~how the takes in fact and to the for resolve.~~

"Hard words!"

ATTENTION

OPEN WITH:

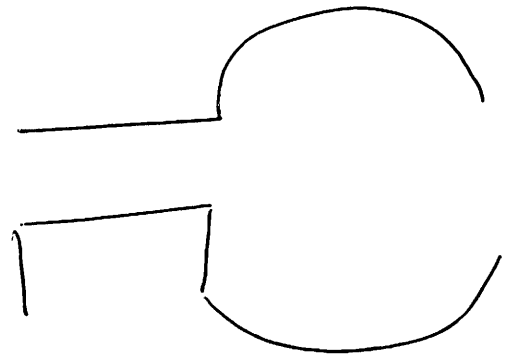
The ... conclusion I seemed to be drawn to by
100,000 people, 1000's of hours in the last few
years ... being led to work myself
is this a physiological condition? The
well being which might be called a 'relaxed'
relaxed state (quite opposite to the fight or flight
- the mind) and a 'opposite state'
physiological scepticism, doubt, which seemed
equally inhibit and of a destroying nature as
the 'relaxed' state is beneficial.

NB now, the symptoms of 'ethers' is
constant surveillance which can vary from
the mild - condition - to the crude -
'fear of falling'. How serious will be
difficult, as there will be withdrawal after the
first inroads.

ARTICLE 2

II My guru - hatha yoga - 20 years of pranayama daily - I call my synthetic oxygenation - all the time the quality of my life improved beyond all measure, but a while ago today my breath was not activated. I heard the relationship in London. I wondered if it wd help my wife + I just inhaled her. She said be a guarantee of me. And I walked out of the session + my whole life changed. ~~the session + my whole life changed~~ ~~the session + my whole life changed~~ ~~the session + my whole life changed~~ I saw the relationship was handling the knowledge with the knowledge - caution. I think of my guru she I see GWT and by/ventilation - she they are doing k. people. Yes indeed this work I know this synthetic could exist.

III



ATHEISM (3)

IV When anybody says TAKE A DEEP BREATH & then you take a deep breath you will just BREATHE, walk out.

I notice no feature of the human condition. I've been noticing it ever since you call come in. all human. NOSE

Why is the nifia so tiny compared + trachea and windpipe?

Elephant has similar. Dep. of G, horns -
tortois - elephants - So howland it +
masses of oxygen

So refinement, subtlety, care, gradualness.

Tea Cuck: demonstrate the

Fla

UNLESS YOU HAVE THIS
FLEXIBILITY. NO BREATH CAN
TAKE PLACE. No no talk about the

BELLOWS SYSTEM

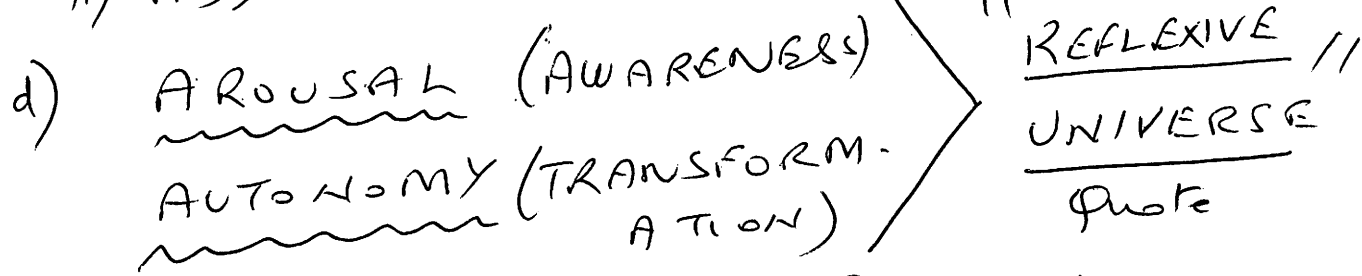
VI

JEAN COUCH - demonstrator,

- a) Flexibility rather than the breath.
- b) The "special-effects" box.
The "autonomic" area.
(sympathetic / parasympathetic etc).

c) i) "SPECIAL EFFECTS"
Sneeze, cough, yawn, sigh (stride),
cry,

ii) ABDOMINAL Breathing.



VII

FIGHT OR FLIGHT - Paradoxical
A SOCIETY IN

breathing. Effects of AROUSAL.

BELLY-IN is AROUSAL EDUCATION.

EUPHORIA is arousal = 'morning-after' feeling of let-down.

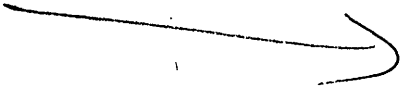
QUESTIONS

ATHEISM

Baye + =

|| Critical = proper distinction between
the 2 pos - and an analysis
of this distinction - as proper method
system can be

|| Each claims a unique universe to
himself. But this ~~very~~ point of
uniqueness is the point where he's
the same as every else. He becomes
his unique self and she he loses
all self. It is here we get beyond
mathematics.



III

What I call the theoretical institutions
doctrines = the animated in themselves
made inst (i.e. the copies studied &
analyzed), on the basis of science.
This leaves us the animation or
awareness.

And the origin does the same
Kritik, begin trials in theoretical.
(Psychology)

5

EFFECT OF ATHEISM

II

"I did pranayama for 20 yrs ~~before~~ without being activated!"

PRANAYAMA are a MANIPULATION OF THE BREATH. Its method and object is CONTROL.

This is essential to health and life-development like

OXYGENESIS is MANIPULATION OF THE ORGANISM

BY THE BREATH. Here the will is subject to the breath, not

the controller.

~~This is ~~most~~ difficult the order~~

~~we grow = [The greater struggle is the~~

~~process is to be prepared to ^{attain} ~~struggle~~~~
~~control and guidance.~~

A²THEISM

This is what we mean, i.e. oxygenation by
ACTIVATION. It is the activation of RETICULAR
GUIDANCE.

When activation takes place i.e. we are able
to live without the help of our ears: and it took me some
months to realize that i.e. that I'd been living
someone else's life.

~~The life was a complicated system of
superstitions, refugees, and like a THEOLOGY.~~

~~The struggles, conflicts, the stages and answers,
intriguing future, delicate care, but I was
aware that they were mine, the Angel has
promised that I did not do what I wanted: and
they created a strange order in which
differing was not of such different quality~~

~~for the happiness, but a difference
was needed here because the law now
was a place at least for some time
yes, flying in no paper capital to
another.~~

~~What is this activation: especially~~

ATHEISM.

(3)

~~And people~~

The process tends to be more difficult the more we grow. Habits, strong ideologies, a lifetime of intense ^{control and} self-surveillance, pride, all may produce a fear of being under the control of the truth.

Lucifer Oxygenesis is the opposite of the manipulative reborn. Here ~~for~~ regard the truth as producing certain effects, possibly of an immense nature. But Oxygenesis transcends the immense — and the organic is entirely still, and ~~the~~ cerebral surveillance absent.

~~An intensely cerebral~~

~~He is designed to do~~

MY ACTIVATION:

THE TRANSMUTATION

OF SUFFERING INTO JOY

Not the avoidance of suffering,
but its REAPING.

ATHEISM

(4)

The manipulation of the breath to achieve euphoric or "esthetic" effects stems from the atheist tradition. The he clung to the development of psychology from the beginning.

Strangely enough, like the scientific method itself, it derives from a remark intended as a rejection of religious doctrine. I think that

I am.

And it is in spite of this kind of man to accept that there is a guidance, a ~~controlling~~ determining form, a self unknown except by effects to the cerebral cortex. This he to know all the time.

IDEOLOGY = AROUSAL

Who did the ideology — i) Marx
ii) industrial (technology) come in —
= Victorian times.

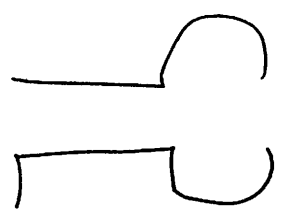
And look at those daguerrotype
portraits — portrait of AROUSAL —
shoulder up, chest thrown out, the chin
forward.

The cone's bell goes in, the
head is carried high, and an
imitational work energy takes on.

Others will know before
19

I

①



THE BELLOWS SYSTEM

i) The special effects box.
The 7 special effects.
FIGHT - FLIGHT

AROUSAL

ii) The autonomic area. (the it play)
the muscles.

ii) OXYGENESIS is MANIPULATION BY TIME BREATH, while PRANAYAMA is manipulation by the breath.

Pranayama will not keep the activation in its usual group forms.

iii) Thus the organia become the servant of the breath. THE RETICULAR SELF. AMNIOSIS.

iv) Thus it is a system for GUIDANCE. And the "a their" situation begin to look to me as "with a guidance".

v) The distresses - erpestrin, uncompleted, (shale, inflexibility, traumatic, me-tic, a me-louse belly, paradoxical breathing, "outside" breathing (it is "inside"), parselous (shale, rapid statorian or "grabbing" breath.

II

I would chiefly describe the modern state as
AROUSAL.

FIGHT AND FLIGHT.

Semi-animal night and day.

Promiscuity and cerebral sex/relationships.

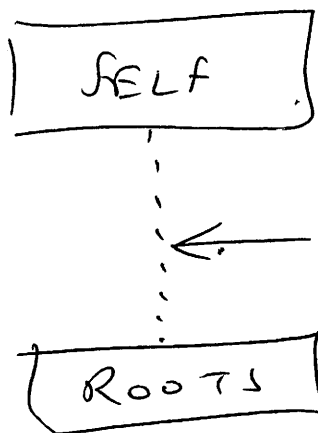
Ideology. The future. The idea of progress.

AROUSAL WITHOUT THE SUPPORT

SYSTEM:

ROOTLESS / NON MORI IN NOW
RIMASI VIVO.

Diagram.



Momentary AROUSAL
bridge.

~~Past = dead future = alive~~

The animal principle:
 life = acting
 death = inacting

∴
 past = death
 future = life
 = IDEOLOGY

(2)

Produce

- 1] Loss of work
- 2] Yearning for work (no identity)
- 3] Honor of work (~~identity = death~~) (fear of the approval system - like fear of falling - will mother catch me? - is she there? - I did know, in a critical state) ~~sehei - ammal~~.

leads to
 DEPRESSION i.e. total collapse of
 society / immense system.
 Life is grey (I have no place = 74)
 There is no future (I have no hope)
 Life is useless (I did feel right inside this
like the people).

This changes the whole of society.
 Sexuality - crime - cathartic therapies -
 drugs - all are forms of ammal created by the
 human organization to bridge the fearful gap
 between "me and life".

The collapse of sexuality - replacement
 of approval, ~~self~~ character, relationship etc.

~~Now~~ NOW MORI,

SUPERMAN / ATHLETE etc AROUSAL
attempts to achieve power in the death-reality -
is influence thru. ~~the~~

So all my efforts to feel how alive!
an. (DEPRESSION thru) Therapy - training
to be alive, to be in the moment, to be "grounded",
to be in my body, as if we could be anywhere else.

Drugs are another flight from NORMAL
CONSCIOUSNESS - a "escape" into
"cosmic reality".

But daydreams stop the worry →
entirely in normal consciousness, with →
regard to "get on with it!"
It is all we have.

~~My~~
IN MAJOR INFLUENCE WHEN
UTTERLY STILL.

Inspirational / aspirational
(Informative) / (influence)

③ "Falling in love" would - euphoric and not sexual.

My "giddy fits" as a child.

Loss of IDENTITY is LOSS OF GUIDANCE, LOSS of SUPPORT SYSTEM.

This means LOSS OF CONTROL over the ENVIRONMENT.

From (16) a group AROUSAL. Crisis, alarm, nervous reaction was..

(AROUSAL IS A HAVEN FROM LONELINESS)

(The 'old' society - the roots - the people who clearly feel the support system - little pockets of it were today - in some parts of India - some extreme westerners had seen it even in British "traditions"! And the further you go the more apparent, more explicit).

*

16 Lppend +



The agraria rev
The industrial rev.

A "w h n t. do it ourselves" because the
guidance has collapsed

One population / Xep. loonic was — the 7d
society do it work — the ancient regime
cannot guide us any more.

w h n t work at the principle — so you
get the French social philosophy which —
been savage —

The water fell — I criticized the Rome legi.
~~ETHNOLOGY~~ ~~JAPANESE~~ ~~THE~~

Tribe people — helplessness under the middle age.
~~Medicine~~ — Medicine was a valid study. Jan & Ash existed.
CIVILISATION was the making of

Society on the basis of an eternal order, the
is guidance felt, acknowledged & acted on.

or doing has no culture = we
ANALYSE previous ones. The "post
modern" school.

When the support-system failed

They had the industrialists =
Atheism do-it-yourself because
you're alone.

The new "civilization" had to find
its own no support-system at all.

The guidelines of the previous ancient
cultures were lost; the world lost was
thrown away by the barbarians who now run
the Xian empire.

Ferdinand, Isabella evicted the
civilization's last bridge to the ancient
world, the Arabs and the Jews: after the
the society could not stand for one
crisis it another, it was becoming ever
more terrible, until today we have no
control over our environment whatsoever.

Concluded the habits fall to pieces -
the (19) the dinner gets late & late, the
how of rising the same. Dark is no longer
the beginning of the time of rest, nor dawn
the of waking.

Tuesday

Eugene Sagee

Alana

History (Mywell
and Kebab)

QUOTE

" ~~It~~ was borne in on me - physiological

impression that awaited

'What I'm going to do is put before you my findings, not state opinions. The subject ~~was~~ is going to be a experience of what they might be like in ...'

EFFECTS OF ATHEISM

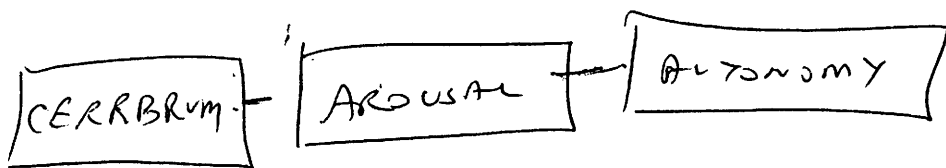
THE NERVOUS SYSTEM

QUOTE ↓

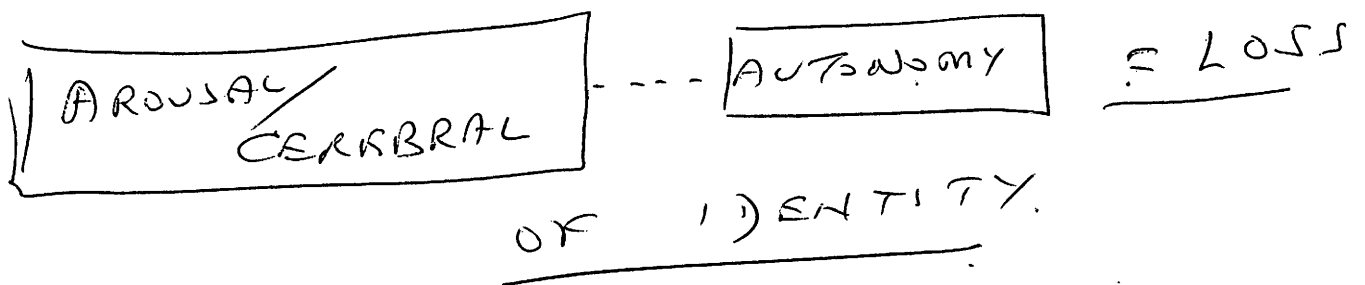
I know there is a neuro-physiological experience the reported that atheism was the same as mental attitude the being religion was. The other was not - they are atheism - it gradually transition to as a physiological term - so the I began to feel the impact this on the worked on it for the experience activities, and we for the earlier activities of us now activities, these experiences defined atheism of me & the first time - and also faith. I added as the first is - the is like 5 feel like physiological.

AROUSAL (like - 100) - (like - 200) -
used to be a dull AUTONOMIC BASIS. There
it had to have some form central smooth, →

→ it needs to be like this =



NOT =



only person who can do the work
the work.



Physiological symptoms

1] Inflexible bellows system

2] Uncompleted exhalation

3] Congestion (over-anxiety for the unattainable breath produces

protective mechanism against inflammation)

4] Traumatically over-tight & traumatically over-loose abdomen.

5] Paradoxical breathing.

6] Breath as "outside me" - that is, over-cerebral surveillance = it will be gradually coaxed to become "mine."

7] No pause at the end of the exhalation. "STENTORIAN" breathing - ~~stentorian~~

8] Rapid end Y - can feel all this in "religious" people. XUN

AROUSAL

CRIME is an important feature of arousal. Indeed it is the most extreme active expression of arousal that we have.

Therapies that are cathartic, primal, releasing, are satisfying a need for this extreme expression - people do stop short of crime. The statements made by a client of mine at different times "I feel I could murder someone - certain hood, hospital" and "I feel the need of repressive techniques that will make it possible for me to relieve the childhood traumas" are 2 sides of the same coin.

These psychedelic methods - LSD etc - are associated with ^{some} cathartic techniques and hyperventilating techniques is no surprise.

The autonomic ~~area~~ ^{area} is regarded as loose, dark, intuitive, fearful, unknown.

Drug-taking is literally black crime in that it is an attempt to smash down the barrier felt between the autonomic function and awareness, in the hope of creating identity & force, of finding a 'beyond'.

Drug-taking in the eastern societies had a quite different function, not arousal in nature.

2

A ROUSAL

This identity loss cannot understand —
for America — is by — is force — as
it invaded the human.

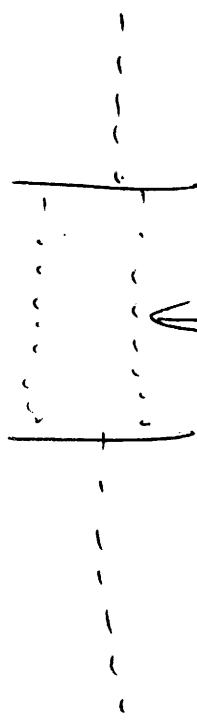
A terrible historical mistake is to confuse this
with the growth of self awareness.

Identity loss is dysfunctional = the
autonomic area.

If the sexual encounter is made in arousal
there is a brief burst of euphoric 'the man/woman
of my life' feeling, followed by silent doubt,
followed by voiced doubt, followed by rift, followed
by another event, with 'the man/woman of my life'
and we shall expect to see this enacted in private
proportion to the degree of arousal prevalent. (It
is an endevour to love-in-depth with the man or
call 'relationships'. Naturally, love-in-depth
belongs to the autonomic department, not to the
arousal box.

3 AROUSAL

SELF



- Fragmentation means
- i] LOSS OF ROOTS (NO IDENTITY)
 - ii] YEARNING FOR ROOTS (IDENTITY)
 - iii] HORROR OF ROOTS. (IDENTITY IS DEATH)
- These 3 features make

AROUSAL a critical need,
i.e. a critical disruption of
or fight in the AUTONOMIC.

AROUSAL JOINS THE TWO MOMENTARILY

ROOTS

- i] a) ENCOUNTERS WITH STRANGERS
- b) EXPERIENCES OF ACUTE STRESS.

Hence: VIOLENCE.
 HUGE EMPHASIS on WAR, DEFENCE, FIGHTING,

THE AROUSAL PRINCIPLES

LIFE = ACTIVITY } PAST = DEAD
 DEATH = INACTIVITY } FUTURE = ALIVE

CONT.

The American thinks of this as going on
and = his psychology.

But the assault on identity came to a
climax in the 30s. The war finally disrupted it.

The American sees the Brits, Italians etc
in the past, an identity, as myths. But the
Brits & Italians feel no such thing. They feel
had the same 3. ^{things} ~~things~~ the result of which
service =

1) Loss of identity.

2) Yearning of identity.

3) Honoring identity. (the past).

But he is dominated by the tripplis) identity,
in his mind is still a physical, and he can only
lead an ambiguous life of false identity. He
will see products of false identity everywhere - the
St. Mark's clock in London, the ~~the~~ Matthias,
the Venice. The people feel ambiguous. 1000,
know not of Venice now because the conscience
into the to ~~report~~ shed the sense of ambiguity.

4 AROUSAL

Then the features of arousal are

- i) Crime
- ii) Drugs
- iii) Sexuality
- iv) Cathartic therapy.

AROUSAL = SUPERMAN

Sexuality: the arousal which becomes a different
function in females = it becomes a excuse for
formula, self-escape, and a bridge to the roots,
like all the other features. The seasons, festivals,
the autumn, etc tend to be the least, while
personality, mental aptitude, ideological expression,
habit synchronicity, these are the important factors.
The end-product is the two wretched entities
feeling the loss of identity even more than before —
the roots they had were now "stolen" by the other
person, overwhelmed, endangered, degraded etc etc.

LOSS OF IDENTITY (ROOTS) =

'IO NON MORI, E NON
RIMASI VIVO'

— Dante.

So all my efforts must be i) to turn low-spirited

5 AROUSAL

I am ii) to engage in practice to fill me with a vivid sense of my aliveness iii) to train myself, hopefully, by means of exercises, relationships, wealth, success etc, to join all these alive experiences so that I feel constantly alive.

But a contradiction arises here and the definition becomes impossible of fulfilment =

For being alive in this sense means being being rooted, or having a clear identity, having a decided form.

Drugs give us a decided form, ~~the~~ the normal accompanied by a sense of liberation from consciousness their loss of identity, formlessness, lack of guidance and purpose, we feel. 'Normal consciousness' is the thing discarded by the amoral-oriented being.

It is then in the deepest sense atheistic. So we should expect amoral techniques - therapy to be advocated by the non-theistic schools.

5 AROUSAL

"FALLING IN LOVE" becomes a
mental event, a conviction in high arousal,
without autonomic, that is, sensuous & / or.

I am taking religion as divine thinking
to find the spiritual in the sensual, the
matter, the substance, the world, the giver,
nature of like to call it.

I remember my "giddy fits" which
were proving that - ekā - hā hā;
ē hā vīhāri vīhāri

The dyction could become enlarged,
upward. I lived Bishop Berkeley,
Sweet like 9 years before I studied in
at Oxford. I could see it in the street
and great was - things - Is feel I was
alive! My was little, sickness, retro
of me as well entered until I was getting
regula sexualit - aerijs (autonomic).

6 AROUSAL

I grew up in a sterile ghetto foreign
& distant world at a country I could not see
posed belong to — with its colorful traditions,
its upper class, strange things like lord & ladies,
and varying accents according to class, — it
was then a America a piece of rottenness which
to — perhaps anyone in the world he experienced.
hair would fall to pieces. So it happened to the
too. (And the royal trip remained because
historical having secured freedom of Rome, it
has always been a guarantee of liberty. While the
entire Catholic monastic were ~~the~~ ^{ignorant's} seen
~~to~~ a guarantee of tyranny. He dwelled
& the houses remain of the same kind
mercantile reason).

(The American traveler who sees it all
as autonomous, uncontrolled, fully lived, is seen to
see it the way. We of way year how how exactly
how we are regarded).

THE LOSS OF IDENTITY IS THE
LOSS OF GUIDANCE = the technique ~
imitation is lost, and the entire race stumbles.

The central step is
relationships, events.

① Anand = American / their
Atrouani = Russian

② humbly - exercise of work
to work the body - work

It cannot do this with
muscle activity which uses
the energy. The breath which
the ~~the~~ ^{my} neck & head, which I can
of describe a STONE. $2m = v.$
-parted to me - to her - the 'e' cannot
do its work when I'm uttering still, '

The effects of stress in the nervous system

The autonomic area is the "Gord" area.

The ^{GOP} ~~top~~ hyperintellectual schools are the continuation of the last survivors of the Thutera-thesis "classical" - Hippoc, the ~~first~~ Freudians, the Reichians, the Jungians, the Rankians. They go for STRESS, and CRISIS, and CATHARSIS. They rightly see the the region provides an AROUSAL, but they have got the arousal mixed up + stress. which puts a greater and greater burden on the autonomic or parasympathetic function.

Most people who inside themselves religiously belong to a religious club for its super-ego benefits and consolations.

STRESS IN THE AMERICAN

The acute alienation which is the necessary basis of American life (ie alienation from the "north" which have been left behind - the "old" country) is a source of continuing finding RELEASE in stressful situations —

2.

MAURICE ROWDON'S PROFESSIONAL
A

The Effects of Alienation on the Nervous System

The child grows up with a need of stress accompanied by horror of it = AROUSAL because the sign of life to the alienated or isolated human being. It is a way of joining others, briefly. Extreme news - war, earthquake, social disaster - are a source of excitement, a proof the blood continues to flow in the veins. Crime - the largest part of which is domestic, unexpected and entirely unprofessional - is a choice of an extreme AROUSAL situation with the full range of momentary release possible. So hyperventilating and cathartic techniques are a mitigation of this, and work the face that i) the autonomic system is severely depleted ii) the need of further extreme arousal situations is increased and turned into habit. Pivotal increase the habitude = instead of de-arming the region, they go in the other direction.

So there is a departure with ad built in

In the region in: inbuilt guidance system. DeLacoffe

The full-time Seymour Lawrence) ~~felt~~ calls it 'American loneliness' (nearly all the writers etc die of it). AROUSAL is a HAVEN for his loneliness. But ->

steadily depletive, and not lasting. The site of
the liver, the real liver, is in the abdominal,
not the armpit area.

THE EFFECTS OF ATHEISM ON THE NERVOUS SYSTEM

Hence the key importance of wealth and success which underpins and undercuts all endeavors. The entire society is bent on the one end, whatever may be the stated ends, artistic, mystical, ideological. It is the means to buying ROOTS. Money provides all the one has ever desired, and, finally, happiness. At least this is the dream the driver writes to write books, paints to paint pictures and performs to perform. In the case of non-acceptance there is a sense of failure and isolation, not, as in the human scene, of self-vindication. So deep is the sense that the true reward in all endeavor is money. For the end the alone, so it is stated, will buy a person out of America loneliness. He is, by means of power, he can create a full, engaged and a connected world and die. He can create a

TRIBE.

The 'old' society, the 'rooted' society — enviable and yet also limiting, limiting, not to

4.

FIRST CHAPTERS FROM ROWDON'S PROJECTED BOOK

BREATHTAKING MOMENTS

THE EFFECTS OF ATHEISM ON THE NERVOUS SYSTEM

be borne because of its entire LACK OF AROUSAL, or vitality born by the "Isolationism" — ~~it~~ has created a crisis against the world, in fact. It exists however as a figure — called 'Germany', 'Japan', 'France' a nation* — in the American mind, and why American mind, so honey and success by me back in the society with its circumstances, its nervous and fetid odors for the past, its endearing inability to analyze, its failure to control intelligibly — means of clear and agreed principles, its bewildering unpredictability and lack of schedule. So we have Dallas.

Its feature is not materialism as IDEOLOGY so strong the if it suppressed it would be because of CEREBRALITY, the very opposite of materialism.

The sense of having been cut off for "ROOTS" creates the longing GLANCE BACK — the fixation on the PARENTAL influence, the child trauma — this is the case in which the sense of loss is traced, although it is only a straggler to avoid reckon-
ing with the much vaster social reality.
* These are the MASKS on "American Isolationism".

1.

AN INTRODUCTION TO OXYGENESIS

ATHEISM

CONCLUSIONS !!

The world fell out
of orbit

When atheism appeared - it is
another case of the industrial revolution
lets' work it all out - a whole new

mentality, instead being, worse, no
longer felt the guidance, no longer
accepted the guidance and it was

no longer received the guidance.

And she or he been talking about
this wearing or some of the deceptions
effects of this or the new system -

we have been talking about well-being,
ethical standing or well-being -

Ors - different anatomy or the moral
civilization is impossible.

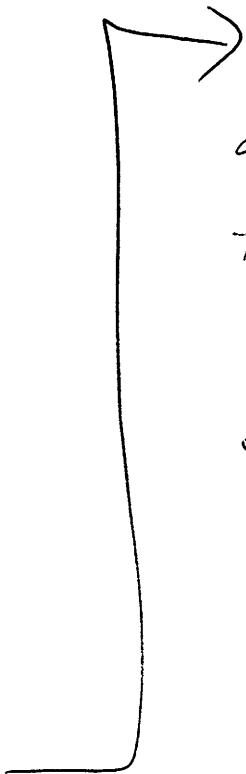
ie civilization - guidance =

the plus for now, →



Kundalini CRISES are very

difficult guidance happens to an organism
the don't believe or accept guidance =
result explosion! The fuses are
blown!



SELF

The "realization" of one's SELF.

~~The~~ As soon as you try to measure a photon
= physics it is disturbed and gone. It is the
same + the self, 1 system of processes the
same room.

The self can only be observed in relation.
The story defined the self is a relation.

Self consciousness means being aware of
the relations one stands in — it is the same
for how of all biological life. It has to
distinguish it from constant surveillance, it is
analysis of those relations.

The self cannot be seen any more than
a photon before it charges particles and
produces electrons and protons. Before light
comes out. The self is the which induces
the photon charge, & therefore cannot be
seen, only manifested. It has no location,
force, velocity or position.
It is this the applies, i.e. the

True act of will, and to which the world
is on sole lifeline, ~~transfer~~, transformation,
a mind all else is entirely & exclusively
dependent. Of course this is entirely mixed
in a medical science. Altho' however - it
is an attempt to tip it & stimulate the
act of will, the lifeline.

INSPIRATION (hold with
at top)

ASPIRATION (hold with
at bottom)

$$\underline{\text{Maximum Inflow}} = \frac{\text{Maximum}}{\underline{\text{Rate}}}$$

(the brain) may total objection to the
hypertension & hyperactivity of the

Dein

DR

Depression is connected to

loss of identity - collapse of

self =

"I don't feel right inside (I,

like the other people". "Always have

the sensation of watching, as if I

don't do feel spontaneous."

On symptoms of the same

lack of belief.

LECTURE

(3)

The whole earth shows signs of this disorder.

There is to say, the utter disregard of goal, the
is guiding intelligence, either in the organism or
in the general. Here, we have polluted the
earth's functions in precisely the same way
as we have the organism. It we have to
call all this science, as some - perhaps well-
people do, we have to say that it is
harvests of science, and cannot survive
any longer than the world it has produced.

Freud was aware - he saw
logic in the unconscious. He threw
everything into this vast area, literally
of the unknown. He rather gave
it the name unconscious - and
it was accepted as a precipitation,
even it was clear flight from
precipitation. It is away of the
medical science - can go along with

The reticular activity system —
 the amygdala and the hippocampus
 are physiological references to the
 so-called 'unknown'. Call it the
 unknown instead of the unconscious
 and you will see that the whole of
 psychoanalysis is an unfinished
 system. It doesn't reveal the
 analysis invalid = I believe,
 however, that the truth is like it,
 and the Freud unknowns (un-
 conscious) hinted at this in his
 doctrine that Otto Rank concep-
 tualized as 'all anxiety is
 essentially birth trauma' in
dispossession. He is the last man.

The emphasis is sexual

5
function = Freud & W. Miller Revere
wishes for observing the utterly
misguided agency. The intimacy,
therefore the harmony, of the human being
is disturbed - this misguided state,
not sexuality, for the being is natural,
gratifying and entirely enjoyable, if not
ecstatic, and, because a source of
guilt, for not we are angry. Society
has clearly gone wrong. There is a
collapse of sensuality, and a sub-
stitution of public sexual ideology of
good & acceptable looks, self-
esteem and competition in performance
etc. Promiscuity & casual sex
with distortions to the nervous system
result from the lack of guidance,
and, as they arise from a lack
of intimacy, do they distort it

6

Intro; being in any case - slight
it may. Loop ~~is~~ intel intensity = under
lex. A male is reasonably
negotiated, in all animals. One the
secondary works down, this in works
down, and the result is, we in the
majority of cases, choice of the wrong
male, or forced accommodation to the
wrong male (the more frequent story).

As ~~the~~ an act of will is implied
in the process that leads from the photon to the
electron and proton, to the atom, to the molecule,
and to the animate life, so we know of no
machine or structure which can be built without
design, so the oxygenetic state leads to a
link with this primal pre-process will, which
is what we might call indeterminate or free
consciousness. ~~That~~ That the antenna, this
link is made possible with pre-substance, in
such a way that it can take instantaneous form
& means of the neurotransmission service. (Can

this be described - Arthur's Term = a seven-stage process!

The GUIDANCE EFFECT:

i) Only at a certain electrical level is the antenna effect ~~obtained~~ obtained. It may or may not be accompanied by a sense of history (described by the African tribe also as 'transcendence', though this does not mean the 'higher self' given by the Personal Growth Industry). It is always obtained. ~~(A tendency to overstate)~~

presentation: The answer is either already there or presented - a vivid, more deliberate form, almost as an intuition:

ii) Guidance is the sense of things happening outside - if they had been specially devised for me - life, is becoming decidedly more vivid, also becomes in this sense 'enriched' - it has a playful, no-nonsense almost say death-like quality.

iii) Guidance is 'I am no longer myself' - 'I don't care what people think of a certain ignorance etc I was ashamed of before!

this is all summarized) the conclusion
that the act) will be behind all this is
NEITHER CONSCIOUS NOR PERSONAL.

There is, the seat of the self is neither
within nor without but as non-locatable
as the photon. And here, provoked by

Bohr's work, I'm going to suggest that it
is indeed of the same quality as light, not
visible light, but the photon for which
visible light comes. It is the charge

which can be minutely, we will say
homeopathic produced by certain weather
systems. While the region is in entire
repose.

A soon as you try to where the
photon it is disturbed and gone. It is
the same with the self - and I suggest for
precisely the same reason: the self can
only be observed in relation, indeed we
could define, as the Greek stoics did, as
a relation: i.e. itself, discrete, unrelated,
it cannot be seen any more than a photon

before it charges particles and produces
electrons and protons. The self is indeed
the use of will which does indeed the
photon charge. It has no location
~~is~~ ~~is~~ free, a velocity ⁱⁿ position,
~~is~~ much less structure, use of a
conceptual or analogical kind.

The 400+ chemicals in the
neurotransmission system ~~are the self~~
~~which~~ are the same chemicals
whether in nature, ~~as in being~~
~~missed they are the vehicle~~
~~of which of means of which the~~
~~of which of means of which the~~
of which of means of which the
kind essentially non-permanent, non-
individual and non-rigid.

For we nuclei of energy
grow in some place then, but
which produces the nucleus of rigidity,
then are FOCAL POINTS, which may
also be derived in genes, but the

the mind remain not strip linked. but
 of the same material, so used to the
 the Berkeleyan question can never be
 solved, as to whether there are things things
 and creation outside us. For in fact,
we are inventing it all, but of course,

~~but = no firmament that not at all~~
 is the central matter * not people

↳ In April Berkeley have suggested
 (D) I mean said 'then I repeat V (1)'
 but is the best that we are no
 less than the original act of will.

The Indian 'y' we 'love' refer
 to this = not to 'enlightenment', as some
 think. It is a simple scientific discipline
 which has to reference it all to the

Personal Growth & Psychological States
 of the human being. ↳
 This essentially on Bishop

Bachley's picture too - I think I "it"
seem quite apt the! and he says this
= the moving from natural after L...

I will remember I said the =
being vivid, after the link - of the
entire - effect, life also begins to
see usual - playful, almost,
deathly usual. And he is going
the BB on effort, and discovers
the rest of.

It was Ingham's Kats
starts picture too - working a student
to the in receive = "natural"
- person. But his student depicted
him. He had to the down article -
what he called the phantasmic
the seven. It was too mysterious to
get to the essential here, the

is systematic, unshakable nature of the self, that is the mind.

But if for its own sake, its own act of will, she dares the human organism do? It must be the "seed" of man - it must guide to the laws it has determined in our world helplessness while these laws gradually impose their own justice, and destiny with her and the earth.

For, devoid of herself, she chance does - how long of survival?

APPENDIX

[NB INSERT - Freud's Reich ~~departs~~ began for the atheist basis of medical science - whereby the the opinion is simply subject to law - an untenable position since he has bedevilled medical thinking - practice until today: i.e. No GOAL.]
The self is missed out.

and undetected nothing. An environment
CREATED by this is - one which
actually CONTRADICTS the human
being, and any meaning life will have.

→ and this is by and large the human picture =
more of entire helplessness, predictable more or
less, and cut off in its prime, retreating at
an age when the intelligence begins properly
to bloom.

In the lack of THE GUIDE (i.e.
the SELF) the CEREBRAL CORTEX takes
over, and HYPERTENSION is a result,
namely the deep sense of being RUDDERLESS
in the world, of being able to trust nothing.

APPENDIX cont.

ii INSERT the THE BREATH is the LINK, the most direct one we have, with the ACT OF WILL: the Indian prana refer not really to the breath as the subtle energy since the breath transmits to us. It is this subtle energy that connects with the act of will, a pre-substantial play.

iii Remember also that as Kali dances a tray (the ~~tray~~) Krishna [?] it is white, and underneath is another Krishna which is heartline grey, meaning the beneath the creative force (that is, Kali's work, she is representing sitting on ~~the throne to create~~ seating herself in her erect penis - which is the PHOTON - there is a deeper level of UTTER IMMOBILITY and so utterly without form that it has neither goal nor will, my being - is this the world of the TACHYONS, those hypothetical entities which travel so much faster than light that they never, at all intellectual purposes, remember sitting or ill?

OXYGENESIS AS BAPTISM.

iv MAKE IT CLEAR THAT ATHEISM IS NOT FAILING TO "BELIEVE". No religious 'beliefs' but are atheists.

The effects of a theory on the nervous system

(1)

The intake is the inspiration ;
the exhale is the expiration. The
breath itself is the spirits. This
leads me to believe that the
ancients must have had a knowledge
of the breath and we of many
centuries later. In fact, one very
characteristic Chinese civilization
was short of breath = very rapid
and this meant the failure
to intake large quantities of oxygen,
a so-called shallow breathing (the
great myth of the modern
therapies and the more fashionable
form of hatha yoga) but too

(2)

much oxygen greedily inhaled and
inadequately exhaled. This is no
worse enemy of a peaceful nervous
system than its autonomic work
without interruption than the so-
called 'deep breath' or 'yogi
breath' advocated by well-meaning
westerners. To be frank of breath
in my sense is to be frank of the
full and indeed miraculous benefit
of the breath.

Medical societies, like
the principles of no praise knowledge,
~~conduct~~ and cosmology were laid
down, close tiny windows, narrow,
windy lanes, high walls against
letting material intruder into
oxygen. The body had to be a self-
sufficient to its own process. The

was indeed commensurate with the (4)
extremist renunciant doctrine that
underpinned both Islam & Xianf, so
much that the very wealth deemed
a duty, a righteousness and self-
indulgence. This is how it frequently
seems to people today, when they think
of benefits of the first time.

027 CONFERENCE PAMPHLET

The deed was also will affect
 the auto-income system. I will
 get the specific reaction during
 the deed was a wealthy sense.
 I experimented once when we - full
 of food and with the inhibition
 the matchless finished and the
 distress cleared up very soon. This
 is again a reference to practical
refuge with the nice the health
 cannot be effective, any health.

It is illusory to adopt
 'detachment' techniques if no

→ The relationships are on the sub-conscious level, itself. This will include, explain, and present all manner of expressions and activities, sometimes earnest and proximate dialogues; which is beyond or well afterwards.

Meditation will EXACERBATE this tendency, and the so-called 'miraculous principle' the source of the so-called Absolute, will give the cerebral a false self a ever greater power of enactment.

Birth & After

(2)

be done ^{try to do it} & help a central part in the decisions (also
 using breath) but by ~~actually~~ 'locking' the breath,
 which organizes all in its own remarkable
 chronology, rhythm and precision. Of course
 this ~~has to be done~~ ^{doesn't mean 'breath'}
 as most people see it mean is, as a Jerry Ford
 thing, and getting worse of it in. At the
 a time, oxygen is ^{the the oxygen,} at
 level - the level, is ^{excited by the force}
 an intake > the highly toxic gas, ~~called oxygen~~
 when it is the wrong rhythm, quantities and
 using the wrong bellows. The Indian matter →
 how much stuck, & reflexive
 Chinese, p. 115. Something is
 true which will transpire i.e. it connects
 + by view the oxygen is as one a →
 caption, the processing of ^{perhaps} 11
 as has asked to describe the the process
 = a for word 1 and maybe it's help to
 'the refining' of the structure. To divide
 animal power into ANIMATION and (P116)
 TRANSFORMATION. I ~~think~~ ^{think} the world
 been thinking the this could be alternative

→ 20 year data collection done
 with frequency after 100 hours
 the 'bushfire' the water. the
 design part of the water at
 all the matter, some are better
 (best practice) in water in the
 zone that is the water in the
 decision of it is water the
 engineering people!

→ For me it cannot be irrelevant the the
 Romans called ~~inspiration~~ related inspiration
 to inspire, methe, and spirite to
 the breath. his preceding coincide with the
 Suetonius of the inbuilt, which can hold
 (the top of the ~~deep apotheca~~ the
 top, + the top of it) | held in the other
 pneuma were ~~con~~ ^{of} ~~it~~ were the the ~~the~~ air.

[A]

Ruth & Shaw

expressed as purposive and autonomic. (3) The
I realized that their corresponded precisely with the
bellows system (the interested of the abdominal).
The ^{thoracic} interested is animated, ~~with~~ is the
dense that its effects are special, purposive and
felt, ~~like the abdominal~~ is then, para-
sympathetic reaction, while the abdominal
is vegetative, largely unfeeling, and autonomic.
(sympathetic). Voodoo breathing and the
breathly cited by her Sannette in his work
is the despite in the Africa tribe! dancing
we interested ^{thoracic} in a thoracic and therefore
has a special effect. Like the Africa tribe
calls *kenia* - mostly, transsexual.
11. Studying him and that I will
find of the parallels will get deeper it -
the R.V. and also perhaps the other works
1-2. In thinking ~~was~~ ^{was} ~~not~~ ^{not} ~~excited~~ ^{excited}
for me.

[A] Leonardo da Vinci is made to look
a fool in his theory that the phallic erection
is caused by air, the pneuma which he
we now call prana, he is blood charged
with oxygen. Thoracic movement also,
in the breath, will increase the charge of

Word is the verbal criteria, he entered + the
 breath it will produce a much greater change and
 corresponding electrical reaction. The feeling of
 prana is electrical. Hyperventilate is a dangerous
 and potentially fatal dose. Treat hyperventil-
 + calm and it will have beneficial effect tell
 of a low work. Panic and it will have
 the opposite effect of a work. ~~There are~~

~~lots of happy stories reported. The work itself is the
 the way. do it by doing it.~~

~~On the way he has witnessed,
 it needs care of A.N. other, the usefulness
 criteria.~~

~~expressed and he
 to Africa General Language, it is
 transcript - Chris Bird & his friend Rita
 please live +~~

~~the work with ?~~
 On the work with ?

PS If you keep it (like an Africa General
 expression) Chris Bird and Rita please live
 the very best greetings.

Lecture: Effects of atheism, ...

(1)

The deepest mental effect is depression, sometimes manic, and the deepest physical effect is cancer. 1. Both cases we find the 'deep' self obscured by a 'false' or surface self which is to a great extent a mere external successful - handling the world. Frequently both extremes excite the unconscious things of contact with others. I feel I don't exist, in contact with those I feel controlled and swallowed up' ~~and~~ - a actual statement of a group cancer patients who died.

The reticular function has all but ceased, as it is in elegance; but more than I sleep it is suppressed, as precise and unchangeable. Self - pain has full depth & aesthetically - love will promptly go through a period of withdrawal and suspicion; (i) the 'deep' self cannot be trusted and (ii) doesn't belong to the serious, practical, "real" area of life. So there is deep

scepticism, indeed cynicism is not a person. If they are wholeheartedly inclined they go through therapy to another in order to ~~convince~~ convince themselves that they are doing something, albeit that they feel like a terrible affliction, ~~that change is possible and, indeed, being~~ ~~will not wish to change, not believing~~ ~~will deeply~~ ~~reluctant~~ reluctant to undergo any change, and regarding any efforts as "useless". A kind of stupidity-operates in a person who in all the respects appears strikingly intelligent.

It may be therefore the cancer and mental depression become a 2 main racial problems. It may already be the case.

Note =

- i) The inhibited exhale. 'I can't let it go because I will not get another breath' (esp. ~~late~~ Asperger - 1943 - childhood). ^(asthma, hyperphrenia)
- ii) Congestion or breathing, 'I can't breathe' so the
- iii) ~~not~~ breathing 'from outside', so the the oxygen is absent: i.e. me -

③

cerebral surveillance which no heart can do
of all kinds of sufferings. The lady - I have
no constant wanted to see. 'Too hard
work!

iv) Traumatized tight ^{or} one-loose;
vulnerable abdomen.

v) Thoracic breathing.

vi) No pause in the abdominal breath.

vii) Inflexibility - the use of the
bellows.

viii) lack of relationship between the
intercostal and abdominal muscles.

ix) incapacity of amniotic.

✱

Note that the wealthy show more
stingy these symptoms. It is as if
they are essentially cut off from self-
development. By contrast: believe the
this is surely the cannot be kept.
'Kind of a candle to burn the other
idea eye of needle; the of the

rich man is enter the kingdom of heaven! (4)

The fact is that the reticent mystic
never made ^{enriches} a rich man. The opposite process
is involved in accumulating wealth.

The truth in this case is told as an
intention of privacy.

The Role syndrome = frequent masked
of intense religious activities. I once ~~met~~
oxygenated, for me seeing, a man = one
of the most deeply atheistic, rigorous
we saw. The bellows were a little bit out
of rhythm. The oppression in Finland,
2000, because it's all in our God,
not a little bit like the truth, the
held the secret of change. The nervous
system is protecting the system
against the worst atheist effect = the
alternation could be a killer disease,
involves a central depression. And there
are many ways to God, this one being
one of the most effective.

(5)

To have known THE ABSURDITY.

of the other parts, would the the
higher itellegic forms of nature were
not created ~~by a itellegic being~~;
and all the highly purposive forms
of nature were not purposively created.

Lecture Ozzygeni - effects ^① at their

I learned that the M.H. + the
great, credit and carless on the
west. he approached with help,
and work will not understand.

Maye = veils, then = thing
the real in the mind has no spirit
Release for maye is living more
deeper, more = life, more full =
the world is spirit, and then is 2015
also let this, because spirit = 24
this is.

The west turns everything into ideology.
Therefore it cannot essentially understand
any mysticism or religion that way. Being

Atheism

(2)

'Open' to others. But relationships have a time to be open and a time to be closed. We have a time to resolve to be open to others and a time to resolve to be closed. Did he be 'liberated' in the, for him? and maybe, the veils of illusion, to be torn away, to be 'gone things' - why? He remain there, he, of course to be veils the their proper quality: a pure spirit's known, - the eastern teaching. 'getting go', 'getting rid of' - 'removing the blocks', 'releasing the tension'. But there is a time to not let go, there is a time of over and an occasion for blocks and a reason for tension. These are the veils. If you take them as real, as ponderous and dark and eternal, then they are truly veils, truly illusions. It is not that you see them as illusions that they cease to be illusions. They don't cease, they simply cease to be illusions. To see them as spirit, as no longer ponderous and dark and eternal, high and thick = ~~for~~ it is

But the darkness in the pondemonen in the
 eternal cease to exist, but the darkness and
 pondemonen ad eting now contain a quality
 that is different, that is illuminated, as the
 foundation; they begin to weather, to have a life
 to exist like weather, else. In the end they are
 playing. I have lost the ideology and can
actually live the life you are given, instead of
 aspiring all the time to abstract ideas of detach-
 ment and 'getting beyond the ego' and self-
 realization and the rest of the junk that we've
 picked up for the sake with a minimal
 effort to realize that there is not such
positive injunctions, from ideologies.

And she is here, of buddhists and
 teachers like Gurdjieff and sufi masters
 suddenly doing something - things, playing a
 trick on devotes, it is to break the ideology.
 For ideology is the chief work of
 the atheist mind, the chief cause of fearful
 artificial structures - the bellows - the mill
 lead to disease.

We make love. In her sex. We
 love and in the person in her sex with. It
 makes us feel good - better than we've ever

self. So this means 'Sex is Good.' Ideology
 ages. As the love falls to pieces. But since
 sex is good as far as having - and + people we
 die love. So the sex stops being good. But,
 do stop is no ideology, we cannot question
 the 'Sex is Good' and so on looking we harder,
 with the more the the sex gets worse and worse,
 until in exhaustion we say 'I want my wife,
 my true mate!' And the ideology tells that is
 its note. So this is no the ~~matter~~ ^{matter}, the
 attitude: promiscuity. Promiscuity is sex,
 promiscuity is running for nothingness & nothing,
 one friend to matter, no only to matter, one
 bit of knowledge to matter, no alternative to
 matter, ~~no excitement to matter~~, is a constant
 un-fulfilled state because an ideology is
 being fulfilled, a schedule, a set of rules,
 expectations, in a effort to no day reach
 the Perfect Balance. The Absolute Indifference,
 the Self Realization which never existed in
 anyone, least of all in the saints and mystics
 and teachers and masters. Read what these
 people, talk to these people, and you will
 know the their lives are vibrant with the
 most sensitive suffering, because their
 hearts are intelligently alive, and now the

servants of ideology.

The gun too became ideology.
 My gun is the best, a master,
 he make copy the gun. Not practical.
 People take me as double talk. The
 judge of gun-ownership. But the
 mean madness — madness of love —
 all the judge imply in the end that
 mad, unreasonable, unreasonable
 devotion. It has nothing to do with
 ideology, with being better than those, with
 staving and staving, and using the gun
to quit all those. This is ideology.

AUTO IMMUNE SYSTEM

The human immune system is ^{so} remarkably efficient, ~~to name~~ the
it has bedevilled surgeons for years
= the matter of transplants = there
are rejected by the receiving body
and an invading bacteria ~~is~~ ^{are} ~~is~~
~~the~~ the most efficient transplants
are between related people, the
best ^{of all} between twins. The immune
system is, analogically, best stimulated
from within. The 'electrode' is best
stimulated by the breath rather than the
implanted electrodes, when the
patient is ~~is~~ helpless in a crisis.

THE EFFECTS OF ATHEISM ON THE NERVOUS SYSTEM.

NB the reticular sleep judgement to the concept. Atheism undermines the action of the reticular sleep the finally the auto-immune cycle cannot function properly. Learning the language and the intricate fine manipulation of the tongue, the lips, the teeth and the vocal chords - words is speak, are the work of the reticular sleep since the cerebral cortex is not able to imitate.

The key to living is giving the reticular sleep full control, and the cerebral cortex control is the use that is essential only. You cannot be subject to giving the muscles of the eye control of the seeing situation etc.

Medicine is misplaced not because

it has demanded cerebral regulation on the
generation of energy, but because it has started
in the cortex. Now it is dealing with living
tissue, the whole of medicine will be changed.

Brain can produce electricity for
inside. Medicine will develop - is
developing - electrical ~~and~~ treatment.
It will then destroy the the matter can
achieve some of which - & incorporate the.

OXYGENESIS

(1)

The action of oxygen in the
oxygen is involved in the movement
of the abdominal breath, which never
reaches repose, and in the attitude
of the oxygenated air the breath is
to be used, not followed. It is the
oxygen is under the supervision
of the cerebral cortex, and the will
be called the surgeon's will. It is
these people are artistic and lead
highly oxygenated lives; they have
an euphatic love even the talk-
ing with authority in knowledge.
But many religious people are in fact
atheists, and only is the 'I rule
upon 'the' man in with making

the they are embracing the intellect (2)
guidance or sleep or the sceptic.
Perhaps the more chronic ailments or
meditation - attempts, the by preparing
themselves instantly to a altered state,
have a less ecstatic, take this to be
in some way getting in touch with the
infinite, or God. But in - except,
however ecstatic, can be reached,
the thing mind, and is written
meditation the mind is highly active,
especially when it believes that the
downward (the is, in a downward or
logically better than the the deliberate,
is slow). Meditation in this case
increases the 'I make myself' maxim,
this is the critical doctrine, yet
with ~~downward~~ helpful effects -
the poor, over - rigid body - the form

of spinal pain etc. The oxygen
 deficits have not been the its autonomic
 guide, and the immune system is proportion-
 ately depleted. The distress is many
 thousands of people in the West has felt
 since the introduction of meditation
 has been diminished. There are the
 called 'meditation' problems - again these
~~affected~~ ^{is not} the spine. Nervous
 sensitivity, sexual aberration, nightmares,
 unaccountable ~~for~~ ^{few} and an absence
 of psychotic loss of reality, are some of
 the symptoms. And the antidote may
 always advised by the physician and
 guru - ~~and~~ ^{is} meditation, meditation,
 meditation - will surely exacerbate
 be difficult, until ~~the~~ the
 meditation is abandoned as a false
 'liberated' philosophy, based on a
 three day schedule of practice, is

created to accommodate the situation.

Only the guidance is being applied,
 and automatic guidance being established in
 the nervous system, does the abdominal
 breath ~~was~~ ~~not~~ at its ~~lowest~~ ~~point~~
 a rhythm as detached, as if only natural
 and inspiring on the soul of the ocean
 tide. It cannot be simulated. The
~~best~~ profound meditation cannot induce
 it, since it comes, not from any
 conscious 'deep' breaths, or the any
 effort of mind, but from a decision
 in the region where it is taken in with
 awareness, with results. This happens
 cerebral cortex, ^{the} ~~the~~ analysis ^{who} ~~the~~ claims
 to provide the material which it
 analyzes - ^{the investigator} ~~the~~ ~~fact~~. She takes
 on further & further for ourselves.

THE INSTITUTE OF CONSCIOUSNESS
~~The Effects of~~ ~~on~~ ~~the~~ ~~Nervous~~ ~~System~~, etc.
LECTURE 1. Atheism ~~At~~ the Nervous System, etc.

(THE ANTENNA EFFECT = GUIDANCE)

1] The effects of atheism on the human system.
It is 'not a limb' and has to be guided by the cerebral cortex, which cannot do the job.

2] The meaning of atheism^{a)} a eschewing or denying guidance, which leaves the server a merely mere a the sole guide, and not used of me at the, and not to long (death being a return to oblivion). b) a disregard of goal = the formation of matter. But a machine like defined as a machine must have a quite precise goal or goals: How does the purpose come from? He - their - denies the purpose. Intelligence behind is lacking, if the intelligence goal is missed.

3] The tapping into guidance > oxygenesis is a momentary-reversal of the 'fall' as

→ supported by the Oxygenetic process.

LECTURE

(2)

Young cell is, in the play of the sub-particle
could take creation of the electron & proton
of the photon ~ light, and then its determined
entities, acting under laws. "is the actual

truth to consciousness as precisely this activity =

the is, consciousness and the activity of the
photon. (in the creation of laws) we need

the same activity. But we are locked in a

determined structure ~ body, and constantly
require special means, ~~to~~ at least in

in world of cerebral censorship, to engage
the creature principle. We do this work-

entirely in all 'psychic' activity, for

channels to fork-bending: the fork

bend is a jump at the height of the re-act-

ion, because the cerebral cortex is hypnotized
~ unobscured centered,

OPEN by describing (demonstrating) acti-
of the nervous system in the breath = 1 cough,
1 cry, 1 yawn, 1 sneeze, 1 hold, 1 gasp, 1 laugh.

CASE No.

747 31 84

LILIANA

644 - 6683

distancia de peso

Dec 19th