

OXYGENESIS

GROUPS ETC

SAN

GIMIGNANO

11

## Renaissance Workshop

You have heard of the Renaissance. Has  
it ever occurred to you that you may experience it,  
how, for 5 centuries ago it happened?

We are not going to re-enact it.  
No costume banquets, no historical lectures.  
We are simply going to show that the Renaissance  
was an effort to live as if all life were divine,  
down to the smallest and humblest detail - the  
Renaissance was a profound. The doctrine of ~~renewal~~  
~~was: and the do~~ the world, the flesh,  
nature was the work of the devil, and of  
the mind the work of God, was: and with it,  
the doctrine that we should renew  
the world.

The Renaissance was a kind of Sufi  
rebirth against this doctrine. We shall  
revive it not abstractly, not metaphysically, but  
in the form of <sup>div</sup> experience, I mean of  
the extraordinary presence of nature called  
oxygen, and sound the air.

## The RENAISSANCE OR GUBBIO WORKSHOP

The Renaissance like the Sufi doctrine,  
was NON-RENUNCIATIONAL.

In this it was in however against the  
main Church trend — which was Manichee in  
direction, namely that the world is a net of the  
handwork of the devil; and encapsulated in this was  
the doctrine of renunciation.

The Renaissance was a recall not of  
the ancient Hellenic world but the 12th, and  
more especially the Angevin influence.

Non-renunciation means that the  
illumination is in the life, in the details of the  
life. It is not for acceptance but not rejection.

Science grew not of the rejection of nature  
as it was. It had to be harnessed.

OPERATION BRAINBOX

MARCEL PROUST

There has in the whole been an entire misunderstanding of the social world (with the exception of Judaism - because its One God was interpreted) - Christians.

Without immediate and lively and human images which can be inscribed in terms of truth and are seen to inhabit the invisible - or more immediately, of human day-to-day purposes, the destination - there cannot be a society that works.

The household gods of the Romans, the so-called agrippa, the Greeks and the animal forms of the Egyptians were ~~not~~ simply the formulas of means of which society became an interpreted whole which required no participation.

It is true of the Persians - also before the Spanish came left the door open as a sign that they were away.

The attempt to make Christ the form and image was partially, and initially successful, but it was destroyed by intellectualization, namely Roman rationalism without the gods.

Society needs participation!

# OPERATION BRAINBOX

A perfect description = The Day of the Locust  
of the predicament caused by the theoretical  
society = 'It was always like this. Air emotions  
dropped up in a enormous wave, curving and rising,  
higher and higher, until it seemed as though the  
wave must carry everything before it. But the  
crash never came. So this always happened  
at the very top? The crest of the wave  
collapsed to run back like water down a  
drain, leaving, at the most, only the refuse  
of feeling.'

Note the state of hysteria the situation.  
Empire by now states in childhood =  
there is the ideological society has no room  
for feeling, no place for the self - child  
at; a matter of degree; in America - child  
I always felt closely identified + a child,  
psychologically, most tight knots - it was  
as large degree to the of it there was  
Position had been reported, and was with the  
very basis of society, the →

→ The unquestioned structure. Like history  
means for ideology the child has died. ~~the~~  
and central therefore provide the practical basis  
for 'steering up' (usually 'shipping the future'),  
the chance was there of ever identifying <sup>the</sup> ~~the~~  
relative of the predicament for the <sup>ROOT</sup> ~~role~~ <sup>None</sup>  
structure — then or now.

# OPERATION BRAINBOX

①

The writer who has looked squarely at this state (America hysteria) — the Beck to Ultrasonic West — has been disregarded and spurned, and his own friend is sell. has Day of the Locust, ~~the~~ <sup>perhaps</sup> the ~~most~~ bravest analysis ever written of the inner situation, sold ~~about~~ just under 1500 copies at the time of its first publication and its ~~Rand~~ Random House editor told him that if he ever published a Hollywood book again it would have to be by Heddy Lamarr.

Alan Ross (Harig). Perhaps the savagery of West's portrait, his making of the whole political and economic racket so undignifiedly repulsive and meaningless, was too near the bone of an American audience with a mass neurosis, and a guilty conscience!

The acclaimed American author gives a different, more flattering picture. Then the book

can not fit it: the theoretical picture — as things  
 the dominant into our lives the interests, entertain,  
 directs, instructs without in any way penetrating  
 current theory in the American life — (= should  
 be). So the characters we see on juw  
 the same as English, German, Dutch etc ~~people~~  
except that, well, they are the creatures of an  
 experiment — wild, perhaps, chaotic, erratic, tough  
 innocent without aid, certainly, the future as  
 the English, German, Dutch etc (admissible,  
~~is not~~ as to details) though, behavior, style,  
~~attitudes~~ <sup>disrupting wisdom</sup> ~~they~~ ~~are~~ ~~the~~ ~~decorative~~  
 reminders and reminders of a dead past.

Here is the chauvinism at its hub,  
 the kernel of every statement made by  
 we Americans — ~~from~~ <sup>from</sup> the political 'we are  
 the chosen people — the world' (the presidential  
 campaign of '84 — the democratic  
 candidate) to the practical and usual use of the  
 conviction (which I have found in every American  
 I have met — radical, rebellious, or strait)  
 the unmitigated 'America is the land' the future!  
 And if life becomes more & more of an  
 unholy men, why, that is of the sign) — a wonderful  
 ferment, a growth, a vitality (Part 2  
 of the ideology).

## OPERATION BRAIN BOX

(3)

This is most perplexing message we  
at, continues to go on — 'We believe in  
equality, we believe you are equal to us,  
of course we are superior to you, essentially  
and with a question I doubt.'

We believe in equality but we have  
a profound regard for (to promote  
individualism and competitive vigor).

We believe in equality but also in  
a innate superior.

~~And it is~~

Quote Tim interview in the Pope and  
religion in the church:  
JOAN LEONARD (Teacher theology at EMORY univ,  
Atlanta, met Pope John Paul II at philosophy  
congress in Dordrecht. 'We were wearing stacks and  
he was having difficulty with that, I could tell. He  
tried to work <sup>us</sup> <sub>^</sub> out it in a very slight, offhand way,  
saying something like, 'Do all sisters in the  
United States wear stacks?' I told him the  
we sometimes did, at least when it was appropriate,  
on campuses. He didn't seem pleased by any

answer. I remember that we were both drinking wine and looking at each other across a small table, she'd frowned at me that he simply didn't understand the dynamics of the American church, much less American women. We were from two different worlds, and we both knew it!

And neither knew what to do about it. Xhoke  
two 'I could kill', 'he tried to ask us',  
'de didn't seem' and finally the arrogant  
'he simply didn't understand'. Chosen 'I tried  
Li' (not I tried to, seemed etc.) But she  
wasn't seemed like. And perhaps his  
conclusion was the precise as she felt no  
recourse of his or his own, she probably felt  
precious little reverence of the domestic  
western, starting with the clothes.  
distances the rhetoric class behind  
ideology - 'the dynamics of the American church',  
which means a little or possible. Did she  
understand the dynamics of the Vatican, we  
of the sisterhood?

## OPERATION BRAINBOX

The whole ~~history~~ under history derives from the ~~the~~ ~~theorist~~ ~~the~~ theorizing = the dropping of the bomb was part of "policy" being considered. See "Day One". The TRUMAN appeared, + his aides, was theoretical. There was no foreboding as = Churchill - that he was taking a step that future generations will hold him to guilty account for.

There was America bombing on day the W - theoretical. We often begged not to receive air support if we knew it was going to be America. The theory was applied - bombs were dropped on targets = but because the targets were theoretical, like colored marks on air photographs, the behavior impractical case seemed to be exercised as to ~~is~~ whether it was the right type of work, on our targets or the enemy targets.

# OPERATION BRAINBOX

Ideology has all but broke the catholic church. More  
<sup>Catholic</sup>  
~~The people~~ ~~and~~ ~~want~~ ~~is~~, ~~in~~ ~~the~~ ~~editors~~ ~~of~~ ~~Catholic~~  
~~New York~~ ~~said~~, ~~the~~ ~~editor~~, ~~are~~ ~~in~~ ~~jection~~ ~~of~~  
all the internal arguments like divorce, contracepti,  
abortion, priesthood celibacy, the refusal to discuss  
some points — In the editor of Catholic New York  
said (quoted in Time Feb 4 1985) 'The catholic  
is much concerned + his church as a place) worship =  
'I want to be inspired. I want to be reassured. I  
want instruction. I want a place to pray.'

# OPERATION BRAINBOX

The schism in the Church - the "democratic" America Catholics against Rome - is based on the failure of communication; the risk of the world simply doesn't recognize a deep psychological chasm as a byproduct from the American chauvinist ideal as we are all similar with <sup>atheistic</sup> <sup>feminist</sup>

the American <sup>stand</sup> is generally the worse and the priests because they have equal capacities and rights with her: the non-theoretical argument is that the priesthood belongs to the most dedicated human beings irrespective of sex.

To say 'equal rights because that is the American ideology' against 'equal rights because <sup>that's</sup> <sup>Christ!</sup> <sup>in</sup> <sup>America</sup>'

The risk of the world <sup>sees</sup> a <sup>Latin</sup> deeply unjust society, a over-armed ~~state~~ which is heavy-handed and aggressive in its foreign activities, a ruthless <sup>and</sup> <sup>at</sup> <sup>low</sup> <sup>level</sup> <sup>of</sup> <sup>efficiency</sup> <sup>and</sup> <sup>2</sup> <sup>million</sup> <sup>low</sup> <sup>level</sup> <sup>people</sup>, government <sup>with</sup> <sup>the</sup> <sup>approx</sup> <sup>dictatorial</sup> <sup>explore</sup>, and social injustice everywhere, a society riddled with the most fearful crime - ~~murder~~ <sup>the world</sup> <sup>is</sup> <sup>the</sup> <sup>history</sup> of ~~total~~ <sup>totalitarianism</sup>; with the ethical talk as well-~~intended~~ <sup>upholstered</sup> rhetoric, making THEORY, won by exposing internal problems to the people, by currying manipulation.

There has been a complete failure of communication: the world view America became the victor and was powerful presence: and so on, a K a (how), he attempted rather to notice the the Iron curtain, and the the collapse of communication was caused by America, a second ~~the~~ to study the essential nature of the American mind — this would have shown us the a discussion, political & business — as the, with Americans had to proceed — quite different line for any previous discussion — the history of politics, economics etc. The one side is still deeply telling about the world as it sees it, but the other side is entirely devoted to theories of the world. The "realities" — bombs, starvation, economic collapse — have little to do with the theories of a theorist. It is simply a separate game — the game of action, ~~the end-~~ observation of applied theory.

The huge industry of psychoanalysis and psychotherapy which has developed the 7 as other nations is due to this and nothing else — because,

~~the~~ the new to theory. The effects on little regarded. The ability to theory but one. It is all in a capital way after a deep satisfaction which is well worth the weekly fee. After for theory, life is chaos of the America. It is univels, un- predictable, overwhelming, ~~the source~~ the source of primitive systems and breakdown. It constantly threatens to break the last gate. The mental institutions, 'prisons' and 'half-way houses' testify to the frequency + since the back years, the usual content - 'I could imagine his energy a crime - stupid, a real 100% ... etc. The more convincing the return indeed, the greater the collapse when it came. (Quote - clear example for remarks) this history.

The collapse of the novel is the book itself due to the plot being so contained and so clearly devised of the author acting - his eye was the in case to represent factory - land, and therefore to use the capital, total, real facts, 'It is a ... main ~~of~~ of invented events ~~history~~ history heavily events actually to up n. or because THEORY, if not a sort of double LIFE. Obviously col secans with it. AA ->

→  $\gamma$  did not write this down  
I got it from view

OPERATION BRAIN BOX

Our life is THEORY for the American. Unless we understand this we cannot differentiate the American mind, its uniqueness: history, democracy.

The least theoretical component in life, and (more) much <sup>more</sup> unexpressed like Lyotain, is MONEY. This is applied as the value and purposes and drive explicit of former societies. In all previous societies this was strict with money making. There were social, religious, traditional, legal, ecclesiastical. American do not care about for a fundamental fact, the human being has the right to make unlimited amount of money, at whatever cost, short of a criminal one, to himself or other human being.

In case we should think this a

Strong objective, as outlined me, or how to  
 examine the nation & way as it practical thing  
 to the easy settlers. It was then the of  
currency is freedom and independence. With it,  
 = you new life, you could create all the  
 led yourself to create = the old life —  
 the moral virtues, the self respect, the  
 class, the luxury, the aristocratic bearing —  
 with being blocked at every turn by limitations  
 the worse clearly for the poor.

Money therefore, become the basic  
structure of society, the essential (yudhika) of  
 all human intercourse, and so large, that  
 it had been of all the 'old' virtues, as  
 exchange taken, as a compromise — a high,  
 & necessary injustice, a compromise — of the  
 features like class, social status, birth  
 background, locality; church etc — all  
 new values given no feature among others.

3

On this (my see up the use of money  
in the Army - the American mind) came out of my  
being manager of the office where I worked

# OPERATION BRAINBOX

The "space program" is the result of not being connected to the earth, is like — a perfect representation of society that started a hour of life.

This is paralleled in Soviet Union — since the theory has been developed, the ideology is virtually the same. An is they except the question of money (called "production"), which is the basic material of all things, all change and all human beings.

These are astronomical concepts, and we have had it amazing that they could ever exercise an influence on the human mind we for a moment.

# OPERATION BRAINBOX

My experience of cases in America esp. young people see the head seem to spin. It is uncontrolled they are spectators - this is precisely, a extreme manifestation, the lower cerebral giddiness of law is the meticulous theorizing of the medical school - how many angles can you see on the point of a needle. his example is always chosen to show the absurdity of the schoolmen but a always the modern mind she is taught at the point her wholly mis- understood though simple ignorance. Rec this classic about schoolmen's question was not a question but the nature of substance, no difference, no less heavily ad uncontrolled is its fixated theorizing (without thinking without the support of observation) than the ~~theorizing of~~ <sup>theorizing of</sup> students and 'scientists' today, whose language is no less deliriously ecstatic and in-the-club. <sup>Greek and</sup> The Roman loss of ancient formulae meant the head was alone - the alphabet - ysk had gone. So Xia civilization was like me without a stomach - ad unhelp with 6 pencils.

# OPERATION BRAIN BOX

(2)

Even sex is lost a theme of 'relationships', and  
traces ~~of~~ <sup>in</sup> matters of dignity, ethical standing  
performance between the 2 partners ~~and~~ are much  
like ~~the best~~ <sup>traces</sup> theological discussion more  
fully is included ~~in~~ <sup>except</sup> the religious  
experience itself. The work of relationship - psycho-  
therapy (partly called 'counseling') today is a helpful  
quest to discover the fruits of a ~~sexual~~ <sup>sexual</sup> the  
has been lost. [In, strong to tell, where Jude and  
not Christ set the values <sup>(ie. sex)</sup> (and) <sup>the</sup> <sup>and</sup> <sup>feeling</sup>  
take a lower place than the market) there can be  
no intimacy. And sexuality depends on intimacy →  
as a house does a foundation) [The fact the  
about 70% of the crime in America takes place  
inside the family or concerning relatives ~~of~~ <sup>the</sup>  
~~sex~~ is a proof that the energy once devoted to  
~~deeply~~ <sup>deeply</sup> sexual and intimate connection, reaching ~~for~~  
back into the ~~first~~ <sup>reptilian</sup> <sup>desires</sup> <sup>childhood</sup>  
will find a outlet somehow. [After love,  
husband and wife are ~~the only~~ <sup>the</sup> <sup>express</sup> <sup>intimacy</sup>.  
the former intimacy like. ~~And~~ <sup>the</sup> <sup>sex</sup>,  
husband is the most intimate <sup>action</sup> we know.





→  $\hat{w}_a$  = some number a definite  $\int H_c$ .

# OPERATION BRANBOX

The greatest absurdity (the no parallel pose  
of view) is the a gross doctrine, the one God  
an advanced i. Juda was ~~reduced to the state~~  
transposed because, the Roman Religion is  
a household god - household, no child had a  
familial image and which represented an  
idealized human being. Every spiritual-  
of the Jewish experience was stifled away -  
and Christ's attempt to make this available to  
the Roman was thwarted with typical Roman  
hardness and UNCONCERN. These household  
gods had worked - and Italy became perhaps  
the world's greatest domestic culture, where  
the HOME contained its dramatic and vivid  
daily evolution, the ecstasies and difficulties  
of worship, with reference to worship in all.  
It died with the empire, and is  
the end with Italy either. In the 15th century  
hard is reverse the process - return to the major  
of the household god, is the Renaissance. But  
the church - hardened by opposition - affirmed it,  
& the world that it lost its hold - the imagination  
never for all.

## OPERATION BRAIN BOX

] The intellectualism the marked Greek thought  
Everything was laid there, and the 'idealization'  
because the restoration of Rome. But it was a  
tradition the usurped Christianity rather than was  
born with it. In order to attack Rome, and  
finding themselves formidable in the palms, the  
class further joined the Tradition.

# OPERATION ~~THE~~ BRAIN BOX

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Civilisation means the proper functioning  
of the worshipping machine in a social or  
Corporate way. It doesn't mean enjoy  
or lack of war or even social tranquillity.  
A higher civilisation achieves these things  
with a higher or better degree of INITIATION.

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It would be a mistake to criticise of Christian  
society, since in the face of it has never  
stabilised, and has been in never or less a state  
of upheaval, as a failure to achieve civilisation.  
A remarkable degree of success was achieved,  
in the time to time, because the religion itself =  
the story sometimes overwhelmed the intellectual  
system, and emanated great warmth and  
atmosphere, as sometimes, as when it was lowered  
and village in Christendom.

We cannot tell of civilisation now, few of  
us could we try to. See 'secular' society is here,  
completed.

# OPERATION BRAINBOX

What is religious experience, essentially? It means a certainty of being guided, an acceptance of guidance, and, perhaps <sup>also</sup>, a sense of participation in the guidance. It is a combined experience of control and being controlled, of freedom and conditioning, the latter people deprived of the experience cannot visualize or, therefore, have concepts about. A man mentally convinced of being guided will get into trouble, and perhaps crime. There is no mental awareness of guidance - the religious experience. It is only experience.

An example of this lies in the secondary religious experiences, those that accrue to the above, namely ecstasy, occult or psychic powers, etc - they depend on acceptance (~~of the state~~) ~~being guided~~ guidance, indeed this is the first step - the psychic Teacher and healer and guru therefore take, as the first step, the determination of the cerebral cortex, the induction of mental will. What Pythagoras

presented himself to a Pythagorean friend for initiation the  
 friend told him he would have to 'know' his 'knowledge' his  
 knowledge a certain reception in Pythagoras = he of under-  
 stood it when he had undergone this process, the is, when  
religious experience had been made possible to him.

One night by the time the objection of all  
 maturation a initiation <sup>most</sup> in the cerebellum, and the  
 one today is (Hered) ~~the~~ church as baptism is a  
 pale and certain intellectual or symbolic reflection  
 of a earlier process than, while it involved water in the  
 same way, entailed a certain journey, emotional  
 and transformation = the person involved.

In Oxygeneis, the breath is used, though a  
 process of 'anoxiosis' as the body achieves a  
 repose it has probably not experienced since birth (the  
 limb are utter immobile; the mind is unaware and  
 there is no breathing), the reticulate self is stimulated  
 to take on from the cerebral cortex, ~ rather do its  
 job properly so that the cortex will be able to give  
 itself to its duties, and not attempt surveillance  
 of the organism.

Now this process is most difficult - people  
 who do no reason ~ another are acutely cerebral,  
 controlled, self-watchful. It is based ~ an under-  
standable fear (instinct) of the free fall it  
 which the mind might fall if it 'let go' 20/100

may messen & hindered acknowledge this path to 'let go' - but this cannot be done without initiation and practice. & the entire nervous system is geared to not letting go (quite nicely, because in an unprepared state letting-go would be 'lay down, a situation the nervous system does nothing to prevent).

Now the 1st an adjusting device is the the intellectual holding - to doctrine, system, ethics (behavior), reasoning and analysis (which become positively obscure - down the medieval monasteries) derived from a fear of allowing the opinion to be guided = having a fear of the religious experience itself. It was in this way the most apparent religious leaders were advocating (and initiating - she could be willing & people) the opposite of a religious state.

There is no ~~more~~ <sup>great</sup> scepticism in the matter of the above 'guidance' than the intellectual as he developed in the last 200 years (~~that~~ for the time of the 'enlightenment' - this, the doctrine the intellectualist could solve all darkness, all philosophical problems). I THINK THEREFORE I AM convinced one a century ago Descartes - let it - for in the world has alarmed and confused the philosopher. Indeed here is the most striking example - has done this

of the religious leader (Dr. - being a celebrated philosopher  
to us also this) proving the very opposite of the religious  
reference to believe himself to be enduring.

Yet, physiologically, the fact remains that we  
are not guided by the cerebral cortex. This idea -  
that the brain is 'reason' determines the shape and course  
of our behavior - has been bitterly contested this century  
by hardly any determined Freud aimed the greater  
blow at it and showed a human creature bewildered  
and pushed little and thither by forces in the 'unconscious'  
which he would at best put a decent cerebral cover  
on (by 'rationalising' them). And ~~brain~~ <sup>brain</sup> researchers

~~It is the brain~~ ~~we are suffering~~ are the second blow.  
Sp <sup>some</sup> ~~do~~ <sup>write</sup> clearly that the reticular formation  
in the medulla oblongata of the brain has a commanding position  
~~the~~ on the cerebral cortex: that i) it receives control  
secondary information rather than we as awake when  
ii) it will awake (that is, guide) the cerebral cortex  
if the secondary information signals danger, which means  
iii) it is a thinking function, being able to analyse  
~~and synthesize the points for~~ the ~~secondary~~ <sup>secondary</sup> material it  
receives to determine if ~~awake~~ <sup>awake</sup> is necessary.

I remember a professor in Pennsylvania  
saying in a lecture "we can give up reason"





was sudden, and has increased by steps ever since. (The  
evidence of a conv.-civ. are the caves — & this is no  
evidence at all. But Prehistoric graves were of long-  
to mean a death-oriented Prehistoric!)

→ The entire intellectual development was  
along the theology. The Christian view of  
prudence dominated ~~thought~~ in the 'mechanical'  
law of the universe to the theory of infection.  
Most 'scientists' would be amused to know that  
the origin of their system was theological.  
by experience (this applies to direct opposite ratios  
to the <sup>depression</sup> ~~theory~~) the 'scientist' involved. They  
inwardly believe in a mythical 'cave-civilization'  
which preceded us now, and is 'enlightened'.



Note how this intellectualist produced a Catholic liturgy which as a rite or ceremony is the height of absurdity — though the protestant ones we were more shallow. The entire question has been reduced to verbalization and language and administration — in the moment of the consecration (?), — the communion, when the bell is rung is a momentary recollection of the deep inward concentration the the church was meant to provide. The 'ritual' is derived from ancient sources — and the intellectual stuff is put on top of it like vanilla cream. Little wonder the heretics — the in the Christian world — a head inside the churches as outside.

Note the collapse of SENSUALITY the MORE EXTREMES the intellectual SYSTEM. The growth of the technology the growth of the number of analysts, psychotherapists, osteopaths, body workers, New Age practitioners, to handle the nervous system. which do NOT work according to intellectual system.

2 collapse of friendship.  
i.e. all forms of INTIMACY begin to be feared and eschewed, indeed people seem to

know what it is. I used to think it was a feeling > SHARING, OPENING, ~~the~~ I have really experienced in a workshop, a group, we were all joined with + this wonderful cosmic feeling! I said this is called euphoria, & this is related to the depressive state. What is it today, & y, the "it", being + someone - every day, in and out of just ~~words~~ <sup>moods</sup> and bad, in all seasons, in and out of the kitchen, cooking and sleeping and all the things we do,

The opposite of intimacy is SUPERMAN. And Superman is an attempt to achieve, in extreme arousal, the UPLIFT and the TRANSCENDENCE and the state of MASTERY implicit in the religious experience.

The race WILL DIE in the lack of a great religious renewal because the human organism is designed physiologically to leave the end, and its choice of killer diseases - the extraordinary history of disease in China, the plague and fearful epidemics, the physical distortions of medieval times, the lack of concepts of hygiene that prevailed in ancient times as we were lost - indeed rejected as a decadent of the intellectual system which rejected the ancient world (~~baths~~)

— Greek and Roman both = decadence, i.e. no  
 bathing! This is the kind of equation, the kind of  
 logic, the law dominated and ~~still~~ <sup>Xian world</sup> dominates the ~~Xian~~ <sup>Worlds</sup>  
~~world~~ entire world. It is the first clear act of  
 ideology — the evolution of the Jews and Arab by  
 Ferdinand and Isabella <sup>of Spain</sup> — the 15 — Jews don't  
 eat pork i.e. you must eat pork i.e. if you don't eat pork  
 you must be a Jew. No one can deny this this  
 peculiar exercise of the 'missip middle' (it is,  
 why should a non-Jew not eat pork?) everyone  
 will recognize as distinctly a feature of society,  
 characterized in its extreme in the 'suear', where  
 a name is coupled with a activity, with Hamlet,  
 in such way that they seem to make the equation  
 'person + activity = ~~badness~~ <sup>moral</sup> culpability.' The  
 journalist = specialist in moral attitudes. Since  
 he has nothing to do + his own life = he no wd think  
 he is a bad journalist if he had a wife and three  
 mistresses and wrote a ~~horrible~~ <sup>horrible</sup> ~~idiotic~~ <sup>idiotic</sup> ~~suear~~ <sup>suear</sup> of  
 politician who had up no) etc. An reportage is  
 = full ethical approximation. Every column ~~is~~  
~~reportage~~ ~~except~~ ~~those~~ ~~declares~~ = the subtext rather  
 the subject is good or bad. The substance of  
 all newspaper writing is the ethical question, and  
 usually the suggestion of culpability is the ~~preferred~~  
 preferred one.

# OPERATION BRAINBOX

American feminism is largely based on  
the concept of femininity. Puritanism did a  
double work on women - it devalued them  
as individuals, and raised the ideal  
sexism pop figures. Little by little the  
idea of this sexuality - and this is the  
the feminist 'age' and wanted it back,  
is due - the highly realistic the there  
to original left, the system has taken it  
away - for the men and for the women.  
The mania of continued sex and  
'relationships' is a aspect of the effort  
to win it back - and it when it were  
and more impossible. (I want facilitate the  
INTELLECTUAL SOCIETY)

IDEALISATION - inventing the →

highly & nearly dead: happy. As we  
sick later & later it is a little more  
uplift, under hold up. with doubts,  
the stupor of the world of law & order,  
the liquidation of people by mind & spirit -  
system of justice inside the journals,  
as drawing and speech - which is system -  
evolution from high and high. Depressions &  
euphoria on the 2 sides of the same coin.

→ The part is something the death happy,  
and the other is something the real happy.

Christian society has triumphed in this

destructive euphoria of the beginning, and  
the absolutism of a primitive ideological  
society - in which the actual happiness  
seems unrelated to the ideal, and

# OPERATION BRAINBOX

(2)

Countries, it was a confluence of the northern  
men. The more Latin, the more confluence. —  
then on division in France.

NB the in atheist society (America  
the most <sup>atheist-</sup> totally organized ~~countries~~ society ever  
devised) the vast importance of psychotherapy,  
analysis etc because God isn't felt through  
the parents, behind them, supporting them ~  
relying on authority in them. So they are the  
only authorities of the children, and must

i) be held to account, like God of all  
the offerings, and ii) be regarded as first  
Cause.

There is absolutely no contradiction + being  
a conundrum. The conundrum isn't facts or  
atheist but an energy of the church. Renounce theory  
don't we face the matter of religion specifically

# The Missing link in Modern life

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(lack) MATURATION ceremonies =  
what were there? We have  
one in Oxygenesis (now) the  
remarkable functional changes it  
brings - (let);

Atherton, = Physiological Condition

---

Bruce  
Carter  
548 9271

# OPERATION BRAINBOX

1. for the bland Roman government, administering with a loose hand undepined by the promise of ruthless action if provoked to act, on the one hand the Christian is develop for a sense of society; but the worst one of it is develop for a sect to civilization. The whole mode of Roman government is retrograde. This was its greatness, the key to its persistence and its detachment. Italy is the most restricted society in the world; the Italian nation is not endowed with a natural reflection - though this is for some cerebral fixation in itself, it is that this stimulation degenerated. - Trade Italy. The natural mode of man's nature - the brain was based on custom, detachment, order - the cerebral / intellectual mode would be to use it mathematically, ie in the manner of industrial farming. Quite different, but the natural historical is the other. (Remember the 1st 110g). a) Let things develop freely of the law of their nature b) Take action of emergency c) Trade me, time with general stimulus ~~to be done~~ d) keep a loose hand so as not to irritate planned resistance e) Let an abuse reach the life of day, rather than nip it in the bud. No fines →

→ yika of government existed. But it needed the  
Roman gods and fragmented form of worship.  
When these were done all got put on the  
retainer minus the guidance, or was recognized  
of the guidance. Still it was successful. So  
since the the church, or Rome, began under-  
mining the guidance is not to usurp it.

# OPERATION BRAINBOX

~~Christians~~

The important thing is that we begin to recognize the guidance is a physiological reality. It makes the making of a civilization possible, even in the present-day mind of a 2000-year entrenched world ideas.

Christianity has continually worked the physiological reality — the faculty alive in every human being which, if remembered by intellectual systems, will choose with difficulty the right course for the wrong course. We expect animals to be able to do this, and observe them to do it. But the human being of the earlier years undergoes a massive distortion process while the churches we powerhouses to which because they themselves, historically, played the greatest part in creating the distortion.

It made the dual system of saints & heresy — heresy, for time & time — was a woman who reminded men of the 'spirit governs' and 'the spirit governs the church.' →

→ Even this system is subject to the  
most liberal intellectual control, and official  
to oppose the state, however revolutionary,  
is safely encapsulated within liberal policy  
(St Francis is a good example). In the case of  
the greater saints, however, we are embarrassed  
and logically, it is 'if you can't  
beat 'em join 'em'.  
In fact, those saints — and the  
thousands who didn't — were short-listed —  
kept the church alive. ~~The politicians~~  
~~the politicians and cardinals, the~~

# OPERATIONAL (BAND) BOX

It is the effectivised religious experience the produce form — shelter or clan, mode of architecture, education, dress, sexual approach, eating habits, landscape, (~~by specialisation activities in garden architecture~~) (farmland, park, garden). It supplies FORM as an ~~a priori~~ condition of life not unlike the function of space and time in Kantian theory ~~multiplication~~ of perception — whereas the absolute a priori condition of perception, but not perception itself.

And the more so it is held as the absence of the religious experience, the less form do people feel — in their judgment, what form, in the past (history), or the people they know, or health, or the values are the ~~etc.~~ ones, or how to function.

This enforces the need for "experts," the people who have studied a particular theory, a particular form = ( ~~usually~~ <sup>always</sup> inherited in the forms of the past) and at least in the narrow aspect will be expected than the capacity of judgement. The →

is not dominated by crime, ~~and~~ visible pressure groups, espionage, ~~repression~~ ~~resistance~~ ~~sex~~ - licence, financial manipulation, war. ~~See as it is, it has no class & demand~~

They have no inbuilt means of discrimination. The weak < member of professional people do or like this - pychotherapists, doctors, journalists (especially), 'orientals' generally. By therefore need 'experts' is shown they can delegate responsibility of the work. Immediate response to sensory stimuli. And they will be deeply contemptuous of anyone who puts a keep just as a judge in field for the 'expert'. Finally, except collapse of child durable reason that political, economic collapse & ecological disaster - it says disaster has one form to adapt. And this means

→ system does not work because firm, a judgement, is an a priori faculty, and study of the protocols, form gives no impression of the development of the form. Professor Roper who judged the Hitler Diaries to be genuine while a NY dealer declared the 15th of September fakes, and the dealer was right. Then even in a narrow field the judgement may be faulty if the faculty of form is undeveloped. Form does not use top synchronicity or proportion, ~~etc~~ It is really guidance in ~~not~~

its most overt and articulate expression. Two are people who feel lost who called upon to also judge anything. By way of other people to reform their opinions etc - play a role in belief. They accept more or less anything they or I find, because

The "activation - deactivation" plan + S.G. farmhouse  
auto. To try it.

How is it that in previous epochs, with excellent  
unpolluted environmental conditions, and the healthiest  
food, people aged fairly early, and died - as we  
could say - prematurely? Was it the all forms  
of initiation that passed out of life, and that in these  
forms of initiation an optimal life depends? Is  
this one sole factor the differentials - for animals -  
in do certain animals, like the dolphins, have  
activated lives?

Without activation life has to go forward + cerebral self-  
maintenance and therefore at limited capacity, which is  
health by use etc. Today the health beyond have  
been minimized but health continues to be the major  
problem. With activation LIFESPAN is affected because  
there is an integrated plan to fulfill. The organism  
finds at 60 in the (end) the plan.

The organism simply falls asleep & reactivated. (It falls  
asleep standing up.

"Believing in God", "having faith" was never in its original  
meaning intellectual. It was an organic state &  
then because the identification had taken place, and  
the universe outside was felt to be working in the same  
direction as the identification.

# THE RENAISSANCE

## PURITANISM

Puritanism was both created by and a violent reaction against the Renaissance. Elizabeth and the Tudor court and Shakespeare, Jonson etc succeeded by the growing Calvinistic reaction. America came into being not by this BIFURCATION - the energy to create if possible a new society and a fearful recoil from the unexpressed effects of awakening.  $\text{of: } \text{helpmedicability}$ , in the Puritan belief, becomes the same as death = the vast abyss. Plans, projects - care of health and awakening - ~~became~~ become a design to marshal and systematize the fearful abyss.

The end-puritanism is therefore the therapist the <sup>advantage</sup> ~~design~~ health, severity, enthusiasm, non-problematic life as the fruits of awakening. The origin is a deep fear of the unknown abyss which has to ethical choice.

DISEASE is frequently the only way

of reaching THE UNKNOWN, a shift in  
awareness depends. It comes along with  
SELF-RISK. This culture induces an  
absolute terror of this. And a profile who  
live in great security, and earn large sums  
of money, and have <sup>excess</sup> ~~money~~ on their heads,  
the only way of self-risk lies in debt.  
After all, they're not going to give up  
their homes, their investments, their jobs and  
their cars and their influence and their status.  
So the migration has to find a way of  
doing it for them.

# SAN CRIMIGNANO

①

## Talks

What is Oxygenics?

What is the connection between

Oxygenics and the Renaissance? ↘

The meaning of the Renaissance = rebirth of art?

## Hikes

## Amseridas

Maturisti ceremonies at the  
Renaissance.

## Visits:

The Renaissance and the occult

San Gimignano (half-day)

(the cathedral, the museum and the  
church of St. Augustine),

Siene (half-day)

(the cathedral, the Piazza, the  
town hall),

Flourence (one day)

(the Uffizi, Uffizi dei medici; shopping).  
Santa Croce)

## Su Cornignano

(2)

Perugia (the pinacoteca, the cathedral)  
ad Assisi (the Basilica, the monastery),  
ad the roman site at Spugemini. (one  
day)

Slides ad video of Renaissance material.

Oxygenics workshops How to breathe = the  
development of the abdominal wall. How  
to change life-structures of men, the  
birth.

Movement, yoga ad Italian language  
classes.

Weekly house meetings of Italian exercises.

Maurice Rowley, original of Oxygenics

(3)

author of work on various aspects of the  
Renaissance (The Jewel in Islam's  
Highest America (Lacey, The Magyars,  
Leonardo da Vinci, ~~The Italian~~ ~~The Italian~~  
Italian Sketches, A Roman Street,  
Columbus (partic. guide to the life, the  
Spanish Terra) will volume of etc  
his house with allegories Da Vinci  
Odeon du St. Anselme G. David  
— (— G). See C. L.  
etc.

The Renaissance began in Florence and  
Sienna. It ended the middle ages, introduced the  
modern world (the first books appeared in these  
2 cities). The first voyage of discovery —

Including the discovery of America, was part of the revolution. \* But few people have understood the nature of that new energy, the so-called rebirth. Le voyageur discovery were designed to seek out the earthly paradise. The learning which came from Greece and Alexandria in the form of manuscripts and sculptures concealed a renewed interest in occult practices, alchemy in the initiation or reinitiation ceremonies, the ancient world. ~~The cloud, (where the Renaissance began) destroyed despite being the vehicle of this spirit, destroyed in the dark of Rome and Florence.~~

Live the Renaissance again <sup>but</sup> as a man

experience, not as an academic ~ intellectual appraisal = the places where it took place, ~~before~~

\* St Francis was connected with the renaissance, as were the troubadours he met on his journey to France (it is said his name derives

from these journeys undertaken by his father). ~~The traditions~~  
~~was the single and purpose~~ The limitations introduced  
 into Christian thinking the idea of the divinity of  
 women, connected as it was with the cult of the  
 Virgin Mother. The result was designed as a great  
 social as well as inner revolution and ~~to the~~  
~~first time great women leaders~~ (Elizabeth, Christina  
 of Sweden, Isabella of Spain, Lucrezia Borgia)  
 began to dominate life as never before as a  
 result of it. This influence came to climax in

the seventeenth and eighteenth  
 centuries; the women of that time  
 demanded the same things that  
 were demanded by the men of that  
 time. The result was a great  
 social as well as inner revolution.

centuries; the women of that time  
 demanded the same things that  
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 time. The result was a great  
 social as well as inner revolution.

The Esoteric principles (influence on the  
 evolution, result of history of culture etc.)

The Tuscan Awakening -

The Renaissance lived and intensely  
experienced.

San Gimignano

When we find ourselves on the brink  
of the abyss, and it seems as though God  
has forsaken us, we no longer hesitate to  
expect a miracle of His!  
Marcel Proust 'Albertine' DISPARUE  
DISPARUE  
1926.

All art has to do + awakening.  
Art was and should only be the  
effort to realize illumination practically.

"Visionary" art came in being an  
the commercialized - I see it - simple,  
self therapy etc. Art was long by  
definite vision.

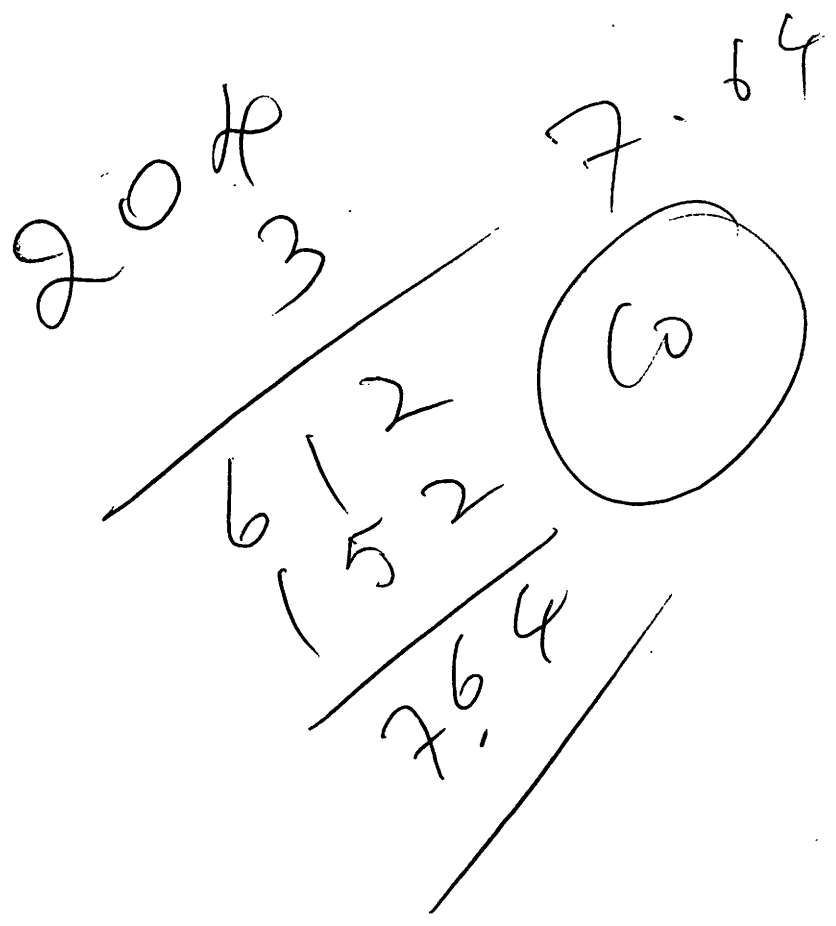
Art is in this - Christian pursuit, history  
P10

San. Comigueno

I'm convinced the most sexual  
penetration is today partial, the  
more technological the society.

Abdominal development = the  
work is minimal.

NB The nuded hips and belly  
Botticelli - the "sensual" feeling  
is precisely the abdominal



# Lecture

PAN GIMIGNANO

While we ~~are~~  
concerned + we  
are

The simple proposition "being alive" consists of hopes, beliefs, plans, public and secret, hints of future desires, activities hardly expressed, and their felicitous\* creating joy one moment and disbelief or despair at another, is the very genuine human movement seeking to re-orient itself. And the Renaissance was this kind of revolution. We cannot say it was unsuccessful. Partly it was accepted as all revolutions are — by being absorbed, and thus completed, into the available social forms. And partly it was successful: that it survived as an cherished line form, which we call art — and which only now is being absorbed into the old social forms, as a stupid commercial, <sup>or</sup> therapeutic, or descriptive pursuit which has nothing to do with awakening. The painter, the writer, the sculptor, the composer, the havelock caste — it was the Renaissance that gave them voice for the first time: and we have to ask ourselves if we have now reached a time when the revolution is finally spent <sup>or</sup> is it, or the contrary, or the brink, finally, of fulfillment? Or



OPERATION CATASTROPHE

Molly Friedman

"AROUSAL"

People will go on losing contact - &  
+ ideologies, plan, future - direction -  
increase the disconnection until there  
is catastrophe, and this catastrophe  
by its seriousness will force the human  
being to re-evaluate his respect of his  
environment <sup>i.e.</sup> his support-system.

Black plague  
measures  
was  
crisis & chaos  
changes of  
balance of power  
medicine

The collapse of the roman system

Progressive = Xian

Now the fear = technology = hyper-titling  
and helplessness for the earlier Christian

times. to live = the climax of the

today.

Queen Christine (King Kristian) a superb  
exemplar of the death and the fearful effort  
to regain a support-system, failure to find it =  
the world and he ->

→ with its almost transparent behaviour and convergence of computer.

# San Cornigiano

The "negative ego" is a puritan derivative. The thought that a certain behavior, distinct from usual or previous behavior, is required of the true spiritual state. The emotions are no longer accepted.

## Yoga Studio in Florence

Rosa Gravoni 051/902251

Resistive moves & the <sup>feeling</sup> body is made to move. Movement keeps it alive - stimulates blood circulation, regulates breathing, activates glands. ~~start~~ start slowly - develops movement patterns that carry over into the rest of the day. More efficient - & the appropriate amount of energy & ends. Awaken senses & more spontaneous, relaxed.

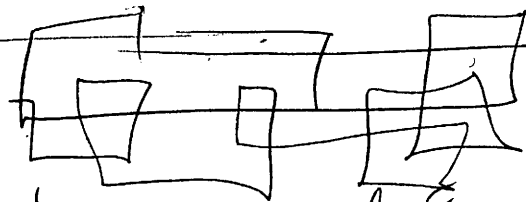
By releasing  
anxiety, you  
relax.

No matter they say you can release words to  
energy of redemption the pleasure of movement.

It can be a small subtle movement - it  
has the same power of release as a large word  
~~movement~~ of a large ~~word~~ large space  
can still release movement. Relaxation

It follows on the other end of movement.  
The rhythm of the physical of waves is to  
be seen in many directions - at just this

Some exercise - ~~Wrestling~~ A mental  
exercise - ~~Physical~~ Physical situation  
programs - ~~is not~~ allowing



mental exercise - die effect to the  
unique organization of each person. ~~Process~~  
No body/mind split.

SC ~~OPA~~

The Renaissance provided common fears —  
almost all fear of the future and unpredictable,  
such as occult practices, ecstasy seemed to  
promise. The Reformation and the Counter  
Reformation were the two main forms of his fear.  
One condemns the inward body, the other the  
outward. One concentrates on inner behavior, the  
other on outer. Finally, so great a rigidity is  
created that the great potential movements of  
the (20)th century is destroyed in all <sup>inner</sup> — for such and  
regions... here we attack a <sup>class</sup> form (art,  
thought, peace) of man, of man's own  
form (movement, vitality, self assertion). The  
theme is 'Movement is all, the key is all.'  
(6) leads directly to the difference between  
of today with its common space program and  
our program and, not least, the ideas of  
human 'evolution' beyond gender, etc, they  
focus to a 'new condition'.

# San Cuthigianus

Along the special mystical tips induced  
by special means - it centers on ~~peaks~~  
addiction to the peak experience. The  
whole point of the Renaissance - of 11th, 12th,  
and 13th - is to create a union of the  
~~peak~~ with the "peak experience" in the  
daily experience.